

# Resume

*BRUNO CORTIS, M.D., F.A.C.C., F.C.C.P.*

## EDUCATION:

1952 B.S. Lyceum Siotto Pintor; Cagliari, Italy  
1958 M.D., University of Cagliari, Italy (1952-58) Graduated Cum Laude  
1958-59 Rotating Internship, University of Cagliari Hospital, Italy  
1962 Post-graduate Course in Specialization of Cardiology: University of Turin, Italy  
1966 ECFMG Certification (3-15-66) No. 66952  
1967 Private Dozent (Equivalent to Board of Diagnostic Cardiology)  
1968-69 Fellow in Cardiology at Mount Sinai Hospital, Chicago, Illinois  
1969-71 Residency in Internal Medicine at Hines VA Hospital, Hines, Illinois  
1971-72 Cardiology Residency at Mount Sinai Hospital, New York City, New York  
Director, Cardiac Catheterization Laboratory, St. Mary Nazareth Hospital, Chicago, IL  
1987-2003 Private Cardiology Practice, Westlake Hospital and Oak Park Hospital  
1979 AMERICAN BOARD OF INTERNAL MEDICINE, CERTIFICATION #036834  
1980 FELLOW OF THE AMERICAN COLLEGE OF CARDIOLOGY, 10-07-80  
1981 DIPLOMATE, AMERICAN BOARD OF CARDIOVASCULAR DISEASES,  
CERTIFICATION #36834  
FELLOW OF THE AMERICAN COLLEGE OF CHEST PHYSICIANS, 10-28-8  
1987 FOUNDATION OF ITALIAN-AMERICAN MEDICAL ASSOCIATION  
1987 FOUNDATION OF "MIND YOUR HEALTH", A FIRM DEDICATED TO THE  
PREVENTION OF HEART DISEASE THROUGH DEVELOPING HUMAN  
POTENTIAL

LICENSURE: Illinois State License as Physician and Surgeon, 1969  
Illinois State License #036-042793

## PROFESSIONAL ORGANIZATIONS:

American Medical Association  
Chicago Heart Association  
International College of Angiology  
American College of Cardiology  
American College of Chest Physicians  
American Society For Laser In Medicine And Surgery  
American Holistic Medical Association  
National Speakers Association  
Founder & President of Italian American Medical Association

## UNIVERSITY APPOINTMENTS:

1962-66 Member, Medical Studies of Cardiac Surgical Cases; University of Turin, Italy  
1972-87 Assistant Clinical Professor of Medicine, Chicago Medical School  
2002 - Present Assistant Professor of Medicine, Rush Medical School, Chicago  
2001 - 2010 Visiting Professor, University of Guadalajara, Mexico

## AUTHOR:

1964-91	Over 80 Publications/Abstracts - list available on request
1993	Featured in <u>WRITE THE PERFECT BOOK PROPOSAL</u> by Jeff Herman and Deborah M. Adams, John Wiley & sons, Inc.
1995	<u>HEART &amp; SOUL: A Psychological and Spiritual Guide to Preventing and Healing Heart Disease</u> , Random House Publishers
1996	<u>HEART &amp; SOUL: a Psychological and Spiritual Guide to Preventing and Healing Heart Disease</u> , Paper Back Edition published by Pocket Books
2001	<u>The Cardiologist of the Soul</u> , Italian Edition, ADYAR Ed, Publisher
2003	<u>THE SPIRITUAL HEART: Meditations for Health and Happiness</u> , Sun Creek Books
2005	<u>DISCOVERING YOUR SPIRITUAL HEART CD</u>
2011	HEAL YOUR CANCER: Emotional and Spiritual Pathways. Mind Your Health Publisher

## NATIONALLY SYNDICATED TELEVISION:

Appeared as guest Speaker: PHIL DONAHUE SHOW  
SUBJECT: Heart Transplants and Spirituality.

## VIDEOS PRODUCED:

- Superior Vena Cava Anomalies
- How to Reduce the Risk of Heart Attack: 1988.
- Handling Stress Effectively, 1989
- Healing The Heart, 2008

## WORKSHOP SEMINARS

1. Avoiding Malpractice. National Conference for the Society of Professional Well Being. Durham, North Carolina. April 1990.
2. Spirituality and Medicine. National Conference for the Society of Professional Well Being. Durham, North Carolina. April 1991.
3. Spirituality and Medicine - "The Patient/Physician Relationship", National Institute For Clinical Application of Behavioral Medicine. Hilton Head, South Carolina. November 1995 and November 1996.
4. Mind/Body Medicine Conference, Rush-Presbyterian-St. Luke's Medical Center, April 2, 1997.
5. Heart & Lung Rehabilitation Unit, 2-day Seminar: "Nursing: The Finest Art", Lincoln, Nebraska, 1997.
6. Spirituality & Medicine Seminar, New Orleans, Louisiana, 1997
7. Spirituality & Medicine Seminar, San Juan, Puerto Rico, 1997.
8. The Healing Heart, Chopra Center, La Jolla, California, May 1998.
9. Wellness Week featured speaker, Harper College, Palatine, Illinois, 198-99
10. Illinois Cityth agers Conference, Galena, Illinois, 1999
11. ISSSEEM 9 Annual Conference, Boulder, Colorado, June, 1999
12. Healing the Heart Seminar - Holistic Health Center, February, 2000.
13. Heart and Soul Workshop, Mexico City, Mexico, May 21, 2000.
14. Spirituality and Medicine, International Conference, Sardinia, Italy, 2003
15. Cardiac Rehabilitation and The Spiritual Heart, International Conference in Italy, 2004
16. Discovering Your Spiritual Heart, Hilton Head, SC, NICABM Conference, 2004

17. The Spiritual Heart: A Pathway to Self Discovery and Healing, Energy Psychology Conference, Toronto, 2005
  18. Cardiology Update, Universidad Autonoma Guadalajara, Mexico, 2006
  19. Stress Management Seminar for Police Officers, River Forest, IL, 2006
  20. Ways to Reach Your Spiritual Heart, Oak Park, IL 2006
  21. The Spiritual Heart Seminar, Naperville, IL 2007
  22. Healing the Heart, Monroe Clinic, WI, 2007
  23. Stress and The Heart Seminar, Community Hospital, Munster, IN, 2007
  24. Healing the Heart Heart Hospital, Lafajette, Louisiana 2008
  25. Healing the Heart Aurora Health Care Green Bay Wisconsin, 2008
  26. Cardiology Course Universidad Autonoma de Guadalajara, Mexico 2008
  27. The Heart of Healing Seminar International Conference , Italy 2008
  28. Stress and The Heart Centegra Health System Mc Henry, Illinois 2008
  29. Tools for Tough Times Heart Hospital Lafayette, Louisiana 2009
  30. Principles of Vibrant Health Aurora Rehabilitation Center, Aurora, Illinois 2010
  31. Healing and Spirituality Italian Center of Culture, Buenos Aires, Argentina 2011
  32. Wellness House – Heal Your Cancer August 2011
  33. Oak Park Hospital – Changing The History of Coronary Disease 2012
  34. Royal Caribbean Explorer of the Seas Cruise Enrichment Lecturer 2012
  35. Apple – Stress Management For Managers 2012
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